COMPLIFE
SCIENTISTS BEHIND WELLNESS

CLINICAL EVALUATION OF ANTIAGING EFFICACY OF A COSMETIC PRODUCT FOR FACE CARE

COSMECEUTICAL BIOTECH S.A.S

NIGHT LIFT REPAIR

KEY PERSONNEL

Customer

COSMECEUTICAL BIOTECH S.A.S
VIA RISORGIMENTO,14
35027 NOVENTA PADOVANA (PD)
ITALIA

Principal investigator

Dr **Enza Cestone**
Degree in Medicine and Surgery, Specialist in Dermatology and Venereology
Consultant to Complife Italia S.r.l.

Quality control

Dr **Sabrina Ghirlanda**
Biotechnologist
Complife Italia S.r.l.

Data analysis and report

Dr **Maria Vanessa Ilardo**
Biologist
Complife Italia S.r.l.

Complife Italia S.r.l.

Via Angelini, 21
27028 San Martino Siccomario (PV) Italy
tel. +39-0382 25504
Mail: info@complifegroup.com

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

INDEX

STUDY DESIGN 4
1.1. Title 4
1.2. Aim of the study 4
1.3. Tested product 4
1.3.1. Information provided by the Customer 4
1.4. Ethical requirements 4
1.5. Subjects participating in the study 5
1.5.1. Subjects' enrolment 5
1.5.1.1. Inclusion criteria 5
1.5.1.2. Non-inclusion criteria 5
1.5.1.3. Study withdrawal 5
1.6. Study development 6
1.7. MATERIALS AND METHODS 6
1.7.1. Skin profilometry 6
1.7.2. Skin moisturization 6
1.7.3. Skin elasticity and firmness 7
1.7.4. Self-assessment 7
1.8. Results 7
1.8.1. Results 7
1.8.2. Statistical analysis 8
1.8.3. Interpretation of results 8
1.9. Start/end date of study 8
1.10. Report change record 8
PANEL DEMOGRAPHY 9
RESULTS 10
WRINKLE DEPTH IN THE CROW'S FEET AREA 10
SKIN MOISTURIZATION 11
SKIN ELASTICITY – R2 PARAMETER 12
SKIN FIRMNESS – R0 PARAMETER 13
SELF-ASSESSMENT QUESTIONNAIRE 14
CONCLUSION 15

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

STUDY DESIGN

1.1. Title

Clinical evaluation of antiaging efficacy of a cosmetic product for face care.

1.2. Aim of the study

The aim of the study is to evaluate the efficacy of a cosmetic product for face care (face cream). In order to reach this goal a clinical-instrumental study is carried out on 20 healthy female subjects, aged between 45 and 65 years old, showing signs of ageing such as mild/moderate skin slackness, loss of skin tonicity, dull skin and slight/moderate wrinkles.

Study checks are scheduled at baseline (T0) and after 28 (T28) days of product use by means of bioengineering techniques able to measure skin profilometry (wrinkle depth at level of crow's feet area), skin moisturization and skin elasticity and firmness (R2 and R0 parameters). Moreover, after 28 days of product use subjects are asked to complete a self-assessment questionnaire.

1.3. Tested product

1.3.1. Information provided by the Customer

☒ Product identification: **NIGHT LIFT REPAIR**

☒ Way of use: apply twice a day, morning and evening.

☒ The tested cosmetic product conforms to Regulation (EC) No 1223/2009 of the European Parliament and of the Council of 30 November 2009 on cosmetic products (recast) (Text with EEA relevance) and to its annexes.

☒ The cosmetic product to be tested is safe under normal or reasonably foreseeable conditions of use.

☒ Qualitative INCI formula: AQUA (WATER), GLYCERIN, DIMETHICONE, HYDROGENATED FARNESENE (C13-15 ALKANE), CETEARYL ALCOHOL, DICAPRYLYL CARBONATE, COCO-CAPRYLATE, BUTYROSPERMUM PARKI! BUTTER (SHEA BUTTER (BUTYROSPERMUM PARKI)), GLYCERYL STEARATE, POLYGLYCERYL-2 STEARATE, STEARYL ALCOHOL, MICROCRYSTALLINE CELLULOSE, PRUNUS AMYGDALUS DULCIS OIL (SWEET ALMOND (PRUNUS AMYGDALUS DULCIS) OIL), AMMONIUM ACRYLOYLDIMETHYLTAURATE/VP COPOLYMER, HYDROXYACETOPHENONE, CELLULOSE GUM, POLYLACTIC ACID, PARFUM (FRAGRANCE), CAPRYLYL GLYCOL, 1,2-HEXANEDIOL, TOCOPHEROL, XANTHAN GUM, TETRASODIUM GLUTAMATE DIACETATE, PROPANEDIOL, HYDROLYZED GLYCOSAMINOGLYCANS, SODIUM HYALURONATE, SODIUM LACTATE, COUMARIN, HYALURONIC ACID, HYDROLYZED HYALURONIC ACID, SODIUM HYALURONATE CROSSPOLYMER, ACETYL HEXAPEPTIDE-8, CITRONELLOL, PALMITOYL TRIPEPTIDE-1, PALMITOYL TETRAPEPTIDE-7.

1.4. Ethical requirements

The study is carried out according to the ethical requirements listed here below.

1. All participants in the study are healthy volunteers, aged over 18 years old.
2. All participants in the study are screened and enrolled under the supervision of the Dermatologist, according to specific inclusion/non-inclusion criteria.
3. Volunteers' participation in the study is free.
4. All participants in the study are informed of the aim and the nature of the study.
5. All participants in the study are informed of the possible risks involved in the study.
6. All participants in the study sign a written consent form before the study begins.
7. Before volunteers are exposed to the tested product, all safety information regarding the product and its individual ingredients are assessed.
8. All study procedures are carried out in compliance with the ethical principles for medical research (Ethical Principles for Medical Research Involving Human Subjects, Adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964 and its amendment).
9. All precautions are taken in order to avoid adverse reactions occurrence.
10. In case of non-expected/adverse reaction occurrence the medical investigating specialist evaluate the severity of the reaction (reporting it in the data collecting sheet of the volunteer) and as a consequence start the appropriate therapy.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato ISO 9001 | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

1.5. Subjects participating in the study

1.5.1. Subjects' enrolment

The subjects participating in the study are screened and enrolled in the study under the supervision of a board-certified dermatologist from a panel of healthy subjects, in accordance with the inclusion and non-inclusion criteria reported in the sections here below.

1.5.1.1. Inclusion criteria

- ☑ Healthy female subjects
- ☑ Caucasian ethnicity
- ☑ Subjects between 45 and 65 years
- ☑ Subject showing signs of ageing such as mild/moderate skin slackness, loss of skin tonicity, dull skin and slight/moderate wrinkles
- ☑ Subjects registered with national health service
- ☑ Subjects certifying the truthfulness of the personal data disclosed to the investigator
- ☑ Subjects able to understand the language used in the investigation center and the information given by the investigator
- ☑ The pharmacological therapy (except for the pharmacological therapy in the non-inclusion criteria) should be stable for at least one month without any changes expected or planned during the study
- ☑ Commitment not to change the daily routine or the lifestyle
- ☑ Subjects who have not been recently involved in any other similar study
- ☑ Absence of previous allergy for topical products
- ☑ Commitment not to use during the study period other products with the same effect of the tested product
- ☑ Subjects informed about the test procedures and who have signed a consent form.

1.5.1.2. Non-inclusion criteria

- ✘ Subject not satisfying the inclusion criteria
- ✘ Subjects with acute or chronic diseases able to interfere with the outcome of the study or that are considered dangerous for the subject or incompatible with the study requirements
- ✘ Subjects participating or planning to participate in other clinical trials
- ✘ Subjects deprived of freedom by administrative or legal decision or under guardianship
- ✘ Subjects not able to be contacted in case of emergency
- ✘ Subjects admitted to a health or social facility
- ✘ Subjects planning a hospitalisation during the study
- ✘ Subjects who participated in a similar study without respecting an adequate washout period
- ✘ Subjects having an acute, chronic or progressive illness liable to interfere with the study data or considered by the Investigator hazardous for the subject or incompatible with the study requirements
- ✘ Subjects under pharmacological treatments that are considered incompatible with the study requirement by the investigator
- ✘ Subjects having a skin disease or condition liable to interfere with the study data or considered by the Investigator hazardous for the subject or incompatible with the study requirements
- ✘ Subjects that have shown allergies or sensitivity to cosmetic products, drugs, patch or medical devices
- ✘ Subject breastfeeding, pregnant or not willing to take necessary precautions to avoid pregnancy during the study (for the women of childbearing potential).

1.5.1.3. Study withdrawal

A subject enrolled in the study can be withdrawn and considered as a drop-out when: (i) no longer want to participate in the study, (ii) adverse reactions, judged severe and attributable to the tested product, occur, (iii) the subject is no longer eligible to participate in the study, (iv) the subject develops a pathological condition, not related to the study, but appearing during the study period, (v) it is required the prescription of a concomitant treatment, (vi) the study requirements are not satisfied (significant deviation from the protocol), (vii) significant non-compliance with respect to product use or to the study protocol.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato ISO 9001 | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

1.6. Study development

At the recruitment day the volunteers came to our centre for the enrolment and the experimenter explains the study purpose and supplies the volunteers with the product to be tested; the volunteers signed the informed consent form and the authorization for the personal data treatment. The subjects are instructed to immediately stop the product use in case of manifestation of intolerance towards the product itself and to inform the experimenter.
The study duration is 28 days; study checks are carried out as follow:

- **T0:** at baseline before product use, instrumental evaluation of skin profilometry (wrinkle depth at level of crow's feet area), skin moisturization and skin elasticity and firmness.
- **From T0 to T28:** daily product application (twice a day, according to provided instructions, for 28 days);
- **T28**: after 28 days of product use, instrumental evaluation of skin profilometry (wrinkle depth at level of crow's feet area), skin moisturization and skin elasticity and firmness. Moreover, volunteers are asked to express their opinion on tested product by answering to a questionnaire.

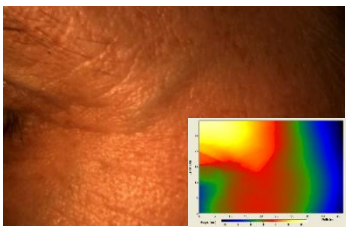
1.7. MATERIALS AND METHODS

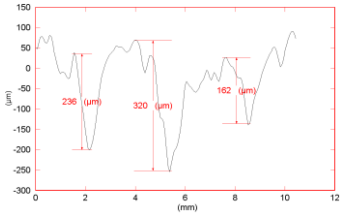
In the sections here below are reported the materials and methods employed in the study. All the study procedures are carried out under temperature and humidity-controlled conditions (temperature 18-26°C and humidity 50 ± 10%). Before each visit, the subject observes a 15-20-minute acclimatization period in these conditions.

1.7.1. Skin profilometry

Skin surface is quantitatively assessed by PrimosCR SF (Canfield Scientific Europe, BV, Utrecht, Netherlands). PrimosCR SF is a non-contact in vivo skin measurement device based on structured light projection. In conjunction with a comprehensive 3-D measurement and evaluation software, the sensor allows to evaluate skin surface properties (i.e. wrinkle depth, volume, skin roughness, etc.). For further information see Box 1. In this study wrinkle depth in the crow's feet area is evaluated.

Box 1 - Skin profilometry by means of Primos CR analysis





The technique. PrimosCR SF a 3D scanner that create a point cloud (set of vertices in a three-dimensional coordinate system) of geometric samples on the surface of the subject. These points are then used to extrapolate the shape of the subject (a process called reconstruction). Like cameras, 3D-scanner has a cone-like field of view, and like cameras, they can only collect information about surfaces that are not obscured. While a camera collects color information about surfaces within its field of view, 3D scanners collect distance information about surfaces within its field of view. The "picture" produced by a 3D scanner describes the distance to a surface at each point in the picture (see the image in the insert).

Calculation of wrinkle depth. It is calculated the height of wrinkles in the sampling lengths: this calculation is done on the sectional picture (wrinkle depth vs. section).

1.7.2. Skin moisturization

Skin moisturization is evaluated by means of Corneometer® measurement. This measurement is based on the completely different dielectric constant of water (81) and other substances (mostly < 7). The measuring capacitor shows changes of capacitance according to the moisture content of the skin. A metallic lamina separates the metallic tracks (gold) in the probe head from the skin in order to prevent current conduction in the measured area. An electric field between the tracks with alternating attraction develops. One track builds up a surplus of electrons (minus charge) the other a lack of electrons (plus charge). The scatterfield penetrates the very first layer of the skin (10-20 µm) during the measurement and the capacitance is determined.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

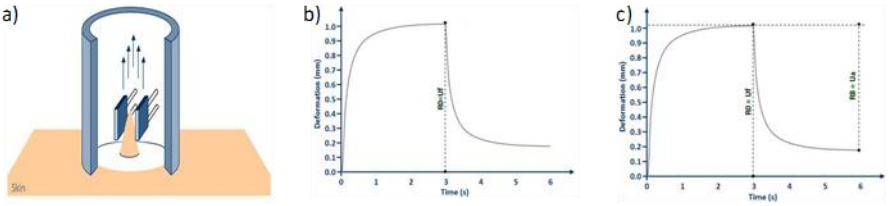
Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

1.7.3. Skin elasticity and firmness

Skin elasticity and firmness measurement is based on the suction/elongation method and the subsequent release of the skin inside the opening of the instrument (Cutometer® MPA 580, Courage+Khazaka, electronic GmbH). During the suction/elongation phase the instrument generates, in fact, a constant negative pressure (450 mbar) able to aspirate the skin inside the measurement probe. The suction phase is followed by the release phase, in which the pressure inside the probe is switched to 0 mbar allowing the skin recovery after the elongation phase. An optical measurement system evaluates the depth of the skin inside the probe in the two phases of the measurement, the obtained data are then elaborated and showed graphically and numerically in order to calculate the viscoelastic properties of the skin. For further information see box 2.

- **R2 parameter** (gross elasticity or overall elasticity): it is the ratio between the residual deformation and the maximum elongation of the skin (Ua/Uf) and it indicates the ability of the skin to return to its original state of recovery after a stressing event. Closer the value is to 1, more elastic is the skin.
- **R0 parameter** (skin distensibility): it is the first max amplitude of the curve (Uf) and it represents the passive behavior of the skin to a force (i.e. gravity). A reduction of R0 parameter indicates an improvement of the skin ability to oppose to the deformation imposed by the probe during the suction phase, then can be expressed as an improvement of skin firmness.

Box 2. (a) Skin elasticity measurement process. (b) R0 parameter: Uf (c) R2 parameter:Ua/Uf.



1.7.4. Self-assessment

At the end of the study, subjects are asked to express their opinion on the study product by replying to a self-assessment questionnaire.

1.8. Results

1.8.1. Results

Results are reported in tables in their respective units.

1) Mean values are calculated as follows:

$$m = \frac{\sum_{1}^{n} p}{n}$$

where: p is the value of the parameter under analysis; n is the number of subjects participating in the study.

2) Percentages are calculated as follows:

$$\%var.vs.T0 = \left(\sum_{1}^{n} \frac{p_t - p_0}{p_0}\right) x100$$

or

$$\%of\ subjects = \left(\frac{\sum_{1}^{n} answers}{n}\right) x100$$

Where: p_t is the value of the parameter under analysis after products use; p_0 is the value of the parameter under analysis before products application; n is the number of subjects participating in the study

3) The mean standard error of data is calculated as:

$$SE. = \frac{\sqrt{\frac{\sum_{1}^{n}(p_i^2) - \frac{\sum_{1}^{n} p_i^2}{n}}{(n-1)}}}{\sqrt{n}}$$

where: p is the value of the parameter under analysis; p is the number of subjects participating in the study

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato ISO 9001 | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

Final self-assessment data are reported in a Microsoft® Excel sheet. The percentages of subjects that attribute a given score to a given question is calculated. The results are calculated as percentage (%) of subjects who assigned a judgment (among those proposed). For each question, the number of subjects related to each judgment is counted → (number of subjects) and this number is then divided by the total number of subjects→ % of answers.

1.8.2. Statistical analysis

The instrumental data are submitted to the 2-way Student's test t for paired. The variation is considered statistically significant when the p value is <0.05.

1.8.3. Interpretation of results

The study here above reported was designed to demonstrate the test product claim(s) in the current framework proposed by Commission Regulation (EU) No 655/2013. Endpoints are measured using techniques currently accepted in the cosmetic field while biases are minimized by procedure(s) standardization according to ISO 9001 Quality Management System. Data are analyzed and interpreted by skilled technician according to both descriptive and inferential statistical analysis procedures. Due to the lack of reference values in the cosmetic field, statistical significance (for instrumental analysis) and percentage of subjects showing an effect (for clinical/sensorial endpoints) are the primary criterion to evaluate the correspondence between the proposed claim(s) and the study output(s). In particular intragroup (vs. T0) or intergroup (e.g. active vs. placebo, treated vs non treated) statistical analysis criterion to reject the null hypothesis (no product effect) is set at p<0.05. For clinical evaluations, the positive effect of the product on the evaluated parameter is confirmed if more than 50% of the subjects register an improvement. Finally, for the self-assessment questionnaires, the performance and the pleasantness of the product must be perceived by at least 60% of the subjects. Whenever reference values or threshold values exist, those values are used to validate product claim(s).

1.9. Start/end date of study

The table here below shows date of beginning and end of the study.

Start date	End date
11/07/2025	26/09/2025

1.10. Report change record

The table here below reports the change log of all approved changes made to the document that make up the course after initial approval.

Rev. no	Date	Description
00	29/09/2025	Release of the first report

- The results of the study reported in this document are only referred to the tested samples and the specific experimental conditions.
- Any part of this report can only be reproduced with the consent of Complife S.r.l.
- A copy of this report is kept on file at Complife S.r.l.
- Both the informed consent and the information forms are kept on file at Complife S.r.l. for 10 years after the date of issue of the report.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

PANEL DEMOGRAPHY

Table A. The following table reports the characteristics (age) of the enrolled subjects.

no.	Vol. ID	Age
01	M8682E	59
02	T5783L	56
03	B7512P	61
04	S5524M	48
05	O6485A	61
06	G9998M	60
07	V6796I	48
08	T5713M	54
09	L7485S	50
10	B4101P	45
11	B7726D	53
12	G9303G	61
13	R8137L	61
14	M7939S	61
15	F9358M	64
16	V9301C	57
17	B5098A	60
18	V6731S	55
19	D9382G	56
20	E7475P	56
	Mean	56,3
	SE	1,2
	Min	45
	Max	64

Legend. SE: Standard Error

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com

SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

RESULTS
WRINKLE DEPTH IN THE CROW'S FEET AREA

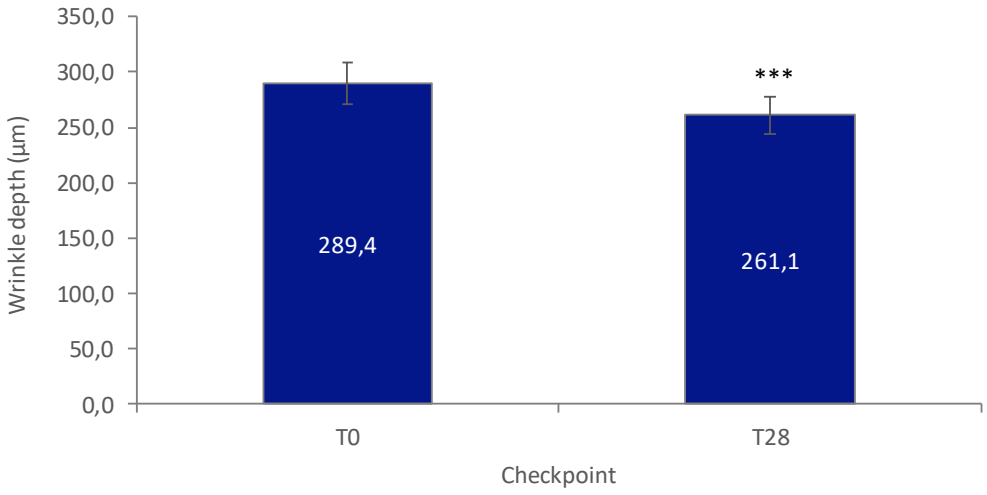
Table 1. The table reports the obtained data for each volunteer. Data are reported as µm.

no.	Vol. ID	T0	T28		T28
01	M8682E	356,6	289,4		-18,8%
02	T5783L	235,5	214,6		-8,9%
03	B7512P	378,3	284,2		-24,9%
04	S5524M	168,4	183,7		9,1%
05	O6485A	270,6	258,9		-4,3%
06	G9998M	311,6	263,4		-15,5%
07	V6796I	244,6	254,5		4,0%
08	T5713M	117,2	112,6		-3,9%
09	L7485S	195,4	196,4		0,5%
10	B4101P	245,0	213,9		-12,7%
11	B7726D	239,6	189,6		-20,9%
12	G9303G	395,2	371,8		-5,9%
13	R8137L	336,0	288,9		-14,0%
14	M7939S	415,8	426,8		2,6%
15	F9358M	393,3	380,0		-3,4%
16	V9301C	293,7	266,6		-9,2%
17	B5098A	366,7	322,7		-12,0%
18	V6731S	322,9	236,3		-26,8%
19	D9382G	193,0	168,1		-12,9%
20	E7475P	307,7	299,5		-2,7%
	Mean	**289,4**	**261,1**		**-9,0%**
	SE	18,7	17,2	Max	-26,8%
	t test vs. T0	---	0,001	Min	9,1%

% Variation vs. T0

Legend. SE: Standard Error

Graph 1. The graph shows the mean data obtained at each experimental time for the analysed parameter. Data are expressed as mean ± SE. Above the error bar the intra-group statistical analysis (vs. T0) is reported in black asterisks as follows: * p<0.05; ** p<0.01; *** p<0.001.



COMMENT. As it is possible to notice, the tested product determines a statistically significant decrease (vs. T0) of crow's feet wrinkle depth by -9.0% at T28.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

SKIN MOISTURIZATION

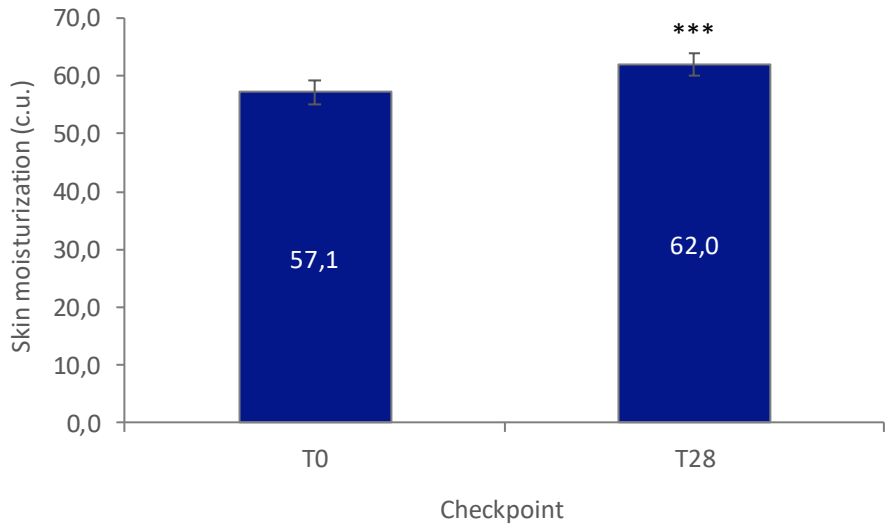
Table 2. The table reports the obtained data for each volunteer. Data are expressed as corneometric units (c.u.).

no.	Vol. ID	T0	T28		T28
01	M8682E	45,1	50,3		11,5%
02	T5783L	50,7	57,8		14,0%
03	B7512P	52,2	59,9		14,8%
04	S5524M	61,2	65,9		7,7%
05	O6485A	50,7	53,9		6,3%
06	G9998M	66,3	76,9		16,0%
07	V6796I	69,9	70,6		1,0%
08	T5713M	50,9	53,3		4,7%
09	L7485S	62,8	65,3		4,0%
10	B4101P	47,2	53,9		14,2%
11	B7726D	60,7	63,8		5,1%
12	G9303G	65,0	70,9		9,1%
13	R8137L	70,6	68,8		-2,5%
14	M7939S	67,1	73,6		9,7%
15	F9358M	60,8	70,5		16,0%
16	V9301C	40,3	51,8		28,5%
17	B5098A	66,0	63,8		-3,3%
18	V6731S	56,3	60,8		8,0%
19	D9382G	54,3	56,4		3,9%
20	E7475P	44,7	50,8		13,6%
	Mean	**57,1**	**62,0**		**9,1%**
	SE	2,0	1,8	Min	-3,3%
	t test vs. T0	---	0,000	Max	28,5%

% Variation vs. T0

Legend. SE: Standard Error

Graph 2. The graph reports the mean data obtained at each monitored check for the analyzed skin parameter. Data are expressed as mean ± SE. Above the error bar the intra-group statistical analysis is reported as follows: *p<0.05; **p<0.01; ***p<0.001.



COMMENT. As it is possible to notice, the tested product determines a statistically significant increase (vs. T0) of skin moisturization by +9.1% at T28.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

SKIN ELASTICITY – R2 PARAMETER

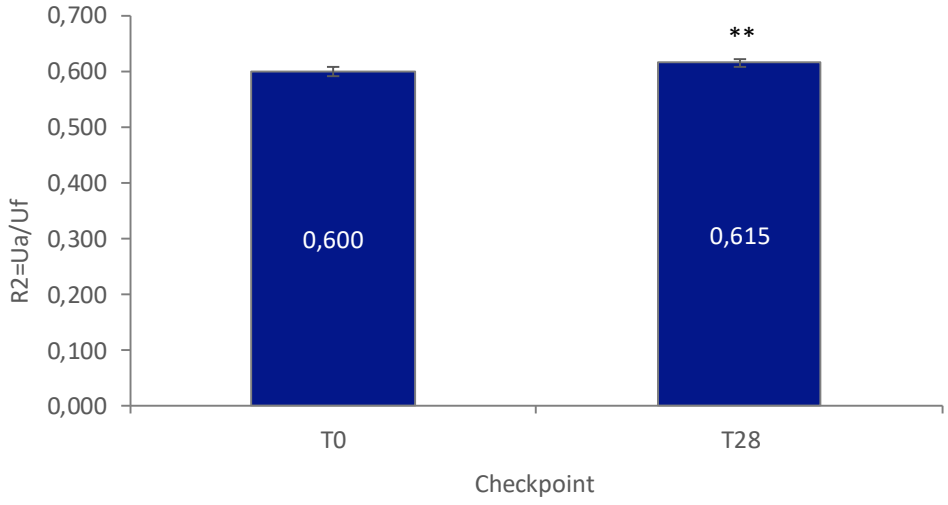
Table 3. The table reports the obtained data for each volunteer. Data are expressed as Ua/Uf.

no.	Vol. ID	T0	T28		T28
01	M8682E	0,611	0,621		1,6%
02	T5783L	0,587	0,611		4,1%
03	B7512P	0,622	0,638		2,6%
04	S5524M	0,647	0,657		1,5%
05	O6485A	0,620	0,628		1,3%
06	G9998M	0,594	0,615		3,5%
07	V6796I	0,647	0,649		0,3%
08	T5713M	0,650	0,654		0,6%
09	L7485S	0,607	0,622		2,5%
10	B4101P	0,597	0,592		-0,8%
11	B7726D	0,666	0,671		0,8%
12	G9303G	0,598	0,593		-0,8%
13	R8137L	0,588	0,578		-1,7%
14	M7939S	0,564	0,621		10,1%
15	F9358M	0,600	0,611		1,8%
16	V9301C	0,600	0,609		1,5%
17	B5098A	0,588	0,633		7,7%
18	V6731S	0,541	0,573		5,9%
19	D9382G	0,549	0,594		8,2%
20	E7475P	0,522	0,532		1,9%
	Mean	**0,600**	**0,615**		**2,6%**
	SE	0,008	0,007	Min	-1,7%
	t test vs. T0	---	0,001	Max	10,1%

% Variation vs. T0

Legend. SE: Standard Error

Graph 3. The graph reports the mean data obtained at each monitored check for the analyzed skin parameter. Data are expressed as mean ± SE. Above the error bar the intra-group statistical analysis is reported as follows: *p<0.05; **p<0.01; ***p<0.001.



COMMENT. As it is possible to notice, the tested product determines a statistically significant increase (vs. T0) of R2 parameter by +2.6% at T28.
An increase of this parameter indicates an improvement of skin elasticity.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

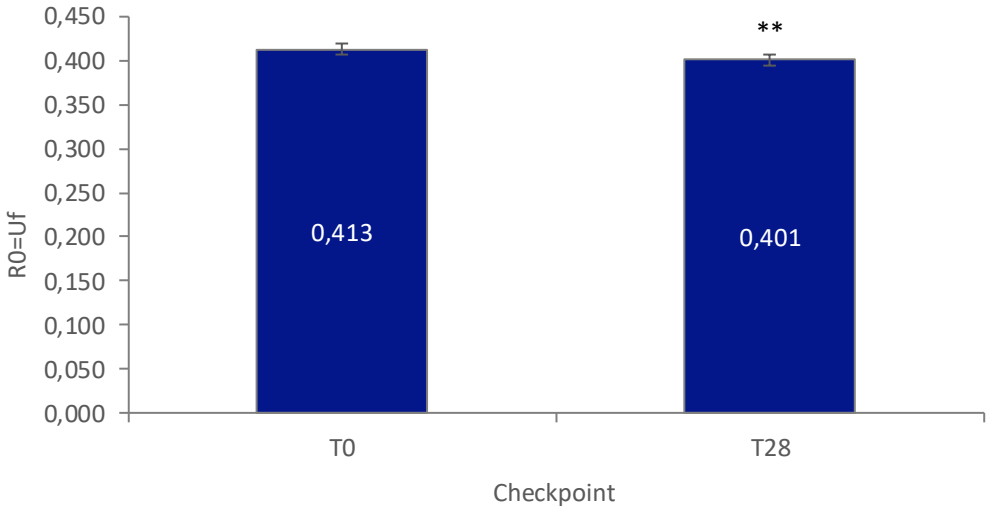
SKIN FIRMNESS – R0 PARAMETER

Table 4. The table reports the obtained data for each volunteer. Data are expressed as Uf.

no.	Vol. ID	T0	T28	% Variation vs. T0	T28
01	M8682E	0,426	0,402		-5,6%
02	T5783L	0,421	0,417		-1,0%
03	B7512P	0,411	0,403		-1,9%
04	S5524M	0,397	0,377		-5,0%
05	O6485A	0,411	0,412		0,2%
06	G9998M	0,439	0,473		7,7%
07	V6796I	0,411	0,385		-6,3%
08	T5713M	0,413	0,408		-1,2%
09	L7485S	0,402	0,378		-6,0%
10	B4101P	0,421	0,413		-1,9%
11	B7726D	0,347	0,349		0,6%
12	G9303G	0,402	0,405		0,7%
13	R8137L	0,424	0,417		-1,7%
14	M7939S	0,430	0,390		-9,3%
15	F9358M	0,407	0,386		-5,2%
16	V9301C	0,344	0,343		-0,3%
17	B5098A	0,400	0,385		-3,8%
18	V6731S	0,444	0,402		-9,5%
19	D9382G	0,444	0,428		-3,6%
20	E7475P	0,459	0,444		-3,3%
	Mean	**0,413**	**0,401**		**-2,8%**
	SE	0,006	0,007	Max	-9,5%
	t test vs. T0	---	0,005	Min	7,7%

Legend. SE: Standard Error

Graph 4. The graph reports the mean data obtained at each monitored check for the analyzed skin parameter. Data are expressed as mean ± SE. Above the error bar the intra-group statistical analysis is reported as follows: *p<0.05; **p<0.01; ***p<0.001.



COMMENT. As it is possible to notice, the tested product determines a statistically significant decrease (vs. T0) of R0 parameter by -2.8% at T28.
This parameter is inversely proportional to skin firmness and for marketing purposes this value can be expressed in absolute values as an improvement of skin firmness.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

SELF-ASSESSMENT QUESTIONNAIRE

Table 5. The table summarizes the results of the self-assessment questionnaire at T28. Results are calculated as percentage of subjects who assigned a judgment among those proposed.

No.	Items	Completely agree	Agree	Disagree	Comletely disagree	Positive answers
01	Do you find the texture of the cream pleasant?	45,0%	55,0%	0,0%	0,0%	100,0%
02	After one month of application, do you notice an improvement in skin firmness (tone)?	20,0%	80,0%	0,0%	0,0%	100,0%
03	After one month of application, do you notice increased skin hydration?	30,0%	70,0%	0,0%	0,0%	100,0%
04	After one month of use, do you notice your skin looking brighter?	25,0%	70,0%	5,0%	0,0%	95,0%
05	After one month of treatment, do you notice an improvement in micro-roughness?	20,0%	70,0%	10,0%	0,0%	90,0%
06	Do you find the fragrance pleasant?	35,0%	60,0%	5,0%	0,0%	95,0%
07	Do you find the product easy to spread?	45,0%	55,0%	0,0%	0,0%	100,0%
08	Do you find the product effective overall?	40,0%	60,0%	0,0%	0,0%	100,0%
09	Do you find the absorption speed good?	40,0%	55,0%	5,0%	0,0%	95,0%

No.	Items	Yes	No	Positive answers
10	Would you buy it?	95,0%	0,0%	95,0%

Legend:
Positive answers → % of subjects who gave positive judgement completely agree/agree, yes.

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com
SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)

CONCLUSION

Based on the obtained results we can conclude that the product:

COSMECEUTICAL BIOTECH S.A.S

NIGHT LIFT REPAIR

determined, a statistically significant improvement of the monitored skin parameters.
In particular, the following variations have been recorded:

- a decrease of crow's feet wrinkle depth by -9.0% at T28;
- an increase of skin moisturization by +9.1% at T28;
- an increase of R2 parameter by +2.6% at T28; *an increase of this parameter is indicative of an improvement of skin elasticity;*
- a decrease of R0 parameter by -2.8% at T28; *a decrease of this parameter indicates an improvement of skin firmness.*

All the reported variations are statistically significant vs T0.

Moreover, most of the enrolled subjects positively judged the tested product for all the investigated aspects.

Principal investigator

Dr Enza Cestone

DOTT.SSA ENZA CESTONE
MEDICO CHIRURGO
SPECIALISTA IN DERMATOLOGIA E VENEREOLOGIA
Via Monsignor A. Angelini 27 SAN MARTINO SICCOMARIO (PV)
Partita IVA 01814...
C.F. CST NZA 65C...
Polizza O.A.M. PV n. 31/...

Digitally signed by Enza Cestone
Date: 2025.09.29 11:46:19 +02'00'

Quality control

Dr Sabrina Ghirlanda

Digitally signed by Sabrina Ghirlanda
Date: 2025.10.06 12:28:30 +02'00'

Data analysis and report

Dr Maria Vanessa Ilardo

Digitally signed by Maria Vanessa Ilardo
Date: 2025.10.06 12:29:48 +02'00'

COMPLIFE ITALIA S.r.l.
info@complifegroup.com | complifeitalia@legalmail.it | complifegroup.com

SEDI PRINCIPALI | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI) | + 39 02.990.25138
VIA MONSIGNOR ANGELINI 21, 27028 SAN MARTINO SICCOMARIO (PV) | + 39 0382.25504
SEDE LEGALE | VIA GUIDO ROSSA 1, 20024 GARBAGNATE MILANESE (MI)
P.I./C.F. 11093320155 | Capitale Sociale € 500.000 i.v. | C.C.I.A.A. MI 1437929 - Registro Società N. 342215

Centro di Saggio operante in BPL | Sistema di gestione qualità certificato **ISO 9001** | Iscritto al Registro Regione Lombardia ai fini dell'autocontrollo alimentare (N. 030015309008)